

International Experiential Course in SUSTAINABLE COMMUNITY HEALTH & DEVELOPMENT



Jointly Organized by



Comprehensive Rural Health Project - Jamkhed

*Equity * Integration * Empowerment*

Jamkhed International Institute for Training & Research
in Sustainable Community Health & Development (JII)

and



People Development Training Center - Warangal

A Center of Excellence in Community Development

About **COMPREHENSIVE RURAL HEALTH PROJECT (CRHP)**

CRHP is an innovative, successful and sustainable approach to community health and development. Started in 1970, Drs. Raj and Mabelle Arole pioneered the principles and practice of comprehensive, community-based primary health care (CBPHC). Its foundational principles are equity, integration and empowerment.

Priorities are the poor and marginalized, women and children; addressing their needs and incorporating them into their communities. CRHP's emphasis is on building the capacity of communities, through working with village health workers (VHWs)

and community groups. This values-based approach has transformed villages into empowered, caring communities that work harmoniously toward common goals for all. Since 1970 CRHP has worked in over 300 villages, including tribal areas. From its base in Jamkhed in the state of Maharashtra, it serves a catchment area of 500,000 population. Its efforts have been recognized by international NGOs and government programs, including WHO and UNICEF.

In order to better share its experience with others, in 1992 CRHP established the Jamkhed International Institute for Training & Research in Sustainable Community Health & Development (JII). Since then more than 30,000 people from India and 3,000 people from other countries have visited to learn the principles and practice of this sustainable, empowering approach from the staff and villagers, those who developed the process and experienced the transformation.



VHWs at CRHP for on-going training

Impact on Health Indicators

	1971	1976	1986	1996	2011
Infant mortality/1000 live births	176	52	49	26	18
Prenatal care/safe deliveries (%)	0.5	80	82	96	99
Child malnutrition (%)	40	30	30	5	<1
Leprosy/10,000 pop.	40	20	10	1	0.6
TB/1000 pop.	18	15	11	6	0.3

Course **OBJECTIVES**

1. To provide an overview of community health work in a cross-cultural, global setting in the field
2. To impart knowledge and increase the understanding of various approaches to community-driven development
3. To develop tools and abilities to put this knowledge into practice
4. To provide field experience on community-based participatory practice, maternal and child health, sanitation, environmental health, communicable and non-communicable diseases, mental health
5. To change attitudes towards respecting local communities and their inherent capacities to work for their own development.

About **BALA VIKASA PDTC**

Bala Vikasa established in 1990 in India with a parent organization SOPAR, 1977 in Canada is a secular, non-profit, professional, community development organization. It is founded by Mrs. Bala Theresa and Mr. Andre Gingras with a motto of "Helping Communities Help Themselves". With its instilled values and positive sustainable approaches, Bala Vikasa is recognized as a unique 'Sustainable Community Development Model' inspiring like minded NGO's, Government and Corporate sectors not only in India but across the globe. Bala Vikasa shares its over 42 years of development experiences and practices by designed training modules through its 'People Development Training Center' PDTC established in 2002. This is a globally recognized center and evolving as "Center for Excellence".



In the last 10 years, 13,565 development professionals from 79 countries across the globe participated, enlightened and gained confidence in applying the learnt development approaches, methodologies and skills in transforming their communities.

Impact of Bala Vikasa's Community Driven Development Programs

229,000 women transformed as agents of change.

2.5 million rural poor are access to purified water through **980** community water purification projects

764 irrigation tanks renovated supporting thousands of farmers with organic silt fertilizer.

541 government schools have improved infrastructure, benefiting **1,42,137** students.

1208 farmers transformed practicing organic farming

7,266 leaders capacitated to drive development activities geared in achieving **129** model communities

15,000 widows mentored and creating momentum to bring social justice.

Course **METHODOLOGY**

Participatory Approach

Interactive Lectures

Group Discussions



Video Films



Sharing field Experiences



Exposure visits



Course **OVERVIEW**

The Sustainable Community Health and Development (SCHD) course is a four-week field exposure and capacity building residential training program for students and development professionals. The SCHD course aims to improve knowledge, enhance skills, and introduce additional perspectives to students and leaders who aspire to learn about integrated, community-centered, and sustainable development. First, a two-week module on Community Driven Development will be held at the Bala Vikasa People Development Training Center in Warangal, Telangana. Then, participants will attend a two-week module on Sustainable Health at the Comprehensive Rural Health Project in Jamkhed, Maharashtra. Participants will learn through a combination of theoretical modules and field exposure visits to rural and urban communities.

Course **MODULE**

Sustainable Development Approaches

- Sustainable Development (SD)
- Cultural Development (CD)
- Asset Based Community Development (ABCD)
- Neuro Linguistic Programming (NLP)
- Appreciative Inquiry (AI)
- Social Entrepreneurship (SE)

Sustainable Community Health

- Primary Health Care
- Food Security, Nutrition and Agriculture
- Water Management
- Socio-cultural Context of India (Gender, Caste)
- Cultural Humility

Field Exposures

- Model Village - 360° Community Sustainable Development
- Women Empowerment
- Justice to Widows
- Community Water Purification Project
- Organic Farming - Sustainable Agriculture Practices
- Model Government School
- Tank De-siltation Program
- Sujal ATW -SE Model
- Village Visits – VHWs, Community Groups, Mobile Health Team (MHT)
- Adolescent Girls Program
- Farm and Women's Rehabilitation Center
- Pre-school for Slum Children
- Appropriate Technology: Artificial Limb, Home Remedies, Herbal Medicines

Course **DATES & COST**

Program	Dates	Cost (Excluding GST)
Training-1	5 - 31 August 2019	USD 2,500
Training-2	9 September - 3 October 2019	

* Program cost includes food, accommodation and exposure visits

Application **PROCESS**

Please send a resume and an email with a brief statement indicating your interest in the course to courses@jamkhed.org. Any additional questions and inquiries about earning course credit at your university through the SCHD course can also be included within your application.

Our **CONTACT**

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